

## Summary report from Health and Wellbeing Board, 30<sup>th</sup> September 2014

### Summary

This report is intended to update any interested groups on the work of the Health and Wellbeing Board. It includes information on items considered by the Board at their latest meeting on 30<sup>th</sup> September 2014 and updates on other items relating to health and wellbeing in the City of London. Details on where to find further information or contact details for the relevant officer are included for each item.

Full minutes and reports are available at:

<http://democracy.cityoflondon.gov.uk/ieListMeetings.aspx?CommitteeId=994>

### Committee updates

- G8 Global Dementia Summit: Evaluation
- City and Hackney Health and Wellbeing Profile (JSNA): Public consultation and format
- GP contract changes: Out of area registrations
- Care Act and Better Care Fund update
- Housing and health: Report on health-related activities and plans in the City's social housing estates
- Joint Health and Wellbeing Strategy action plan
- Workplace Health and Wellbeing Strategy
- Smoking harm reduction pilot

### Local updates

- Dementia Strategy
- City Business Library health and wellbeing events
- Cleansing service campaigns: Smoking-related litter and chewing gum litter

## COMMITTEE ITEMS

### G8 Global Dementia Summit: Evaluation

1. During the UK's Presidency of the G8 in 2013, tackling dementia was made a policy priority. As part of this commitment, the UK announced it would host a Global Dementia Summit in 2014, to focus on financing and social investment in dementia care and research.
2. The City of London Corporation agreed to host the Summit, which took place on 19 June 2014 in Guildhall. The Summit provided an excellent opportunity for Members and Officers of the City Corporation to discuss issues relating to dementia care and research with key practitioners and policy makers. The Board agreed that hosting the Summit provided a cost-effective way to

engage on a major public health policy issue relevant to the communities which we serve.

3. The contact officer is Giles French, Assistant Director of Economic Development, E: [giles.french@cityoflondon.gov.uk](mailto:giles.french@cityoflondon.gov.uk), T: 0207 332 3644

### **City and Hackney Health and Wellbeing Profile (JSNA): Public consultation and format**

4. Following stakeholder engagement sessions on the use, format and accessibility of the City & Hackney Health and Wellbeing Profile (JSNA), Members agreed to a new approach to the format and presentation of the JSNA that will meet the current and future needs of users. This approach recognises the diversity of users' requirements. The JSNA will be accessible online and in print, and will ensure that accurate, timely and clear data is presented in a variety of different ways, as no one format can meet all users' needs. Currently, the JSNA is used in a variety of ways, including:
  - Understanding the demographics and health needs of a specific group within Hackney and the City. This group might be defined by locality, ethnicity, age or many other characteristics and combinations of characteristics.
  - Evaluating the need for (or building the case for) a specific service by looking at levels of need and what already exists to meet that need.
  - Comparing the need for different services.
  - Finding answers to specific questions.
5. The contact officer is Katherine Körner, City & Hackney Public Health Intelligence Team, T: 020 8356 3301 E: [katherine.korner@hackney.gov.uk](mailto:katherine.korner@hackney.gov.uk)

### **GP contract changes: Out of area registrations**

6. The Board received a report from NHS England regarding the changes to GP contracts, which mean that GP practices who choose to will be able to accept registrations from patients who were not resident in their practice area ("out of area patients"). These changes were originally due to come into force from October 2014 but implementation has now been delayed to January 2015. The changes would present some challenges if the scheme was adopted locally, as City of London has a very high daytime population (mainly City workers) compared to a small resident population, meaning that demand from out of area patients to register with a GP in the City could be very high. It is unlikely that the single local GP practice could meet this demand in its current state and it could also be difficult to predict demand.
7. A decision is yet to be taken about whether GP practices within the City and Hackney CCG area will opt to participate in the scheme. NHS England will update the Board again to provide further clarification following the implementation of the contract changes in January, particularly around legal issues and the requirements on NHS England to provide in-hours primary medical care for out-of-area patients.

8. The contact officer is Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: [sarah.thomas@cityoflondon.gov.uk](mailto:sarah.thomas@cityoflondon.gov.uk)

### **Care Act and Better Care Fund update**

9. The Care Act received Royal Assent in May 2014 and introduces wide-ranging and significant reform to the adult social care system. It aims to create a modern system that can keep pace with the demands of a growing ageing population and is clear to people about what kind of care they can expect. It is designed to focus on people's strengths and capabilities, supporting them to live independently for as long as possible. The Act also introduces significant funding reform with the introduction of a cap on the amount people have to spend on their care, regardless of how much they have in savings or assets. Many of the provisions of the Act come into force in April 2015, with the remaining, mainly related to funding reform, coming into force in April 2016.
10. In June 2013 the Government launched the Better Care Fund, a pooled budget, to help integrate health and social care services at a local level. Integration aims to reduce the stress and resultant cost on acute health services and is a key element of the Care Act. The City of London submitted a bid to the fund in April this year and, following some recent changes to the fund, bids have now been resubmitted (approved and owned by the Health and Wellbeing Board). The target date for implementation of the Better Care Fund plans is April 2015.
11. The Care Act has significant implications for local authorities around practice, finance and systems. A specific project to implement the Act has been set up to ensure that the City of London is compliant with the Act. An Implementation Group is meeting monthly to oversee this with the Adult Wellbeing Partnership, chaired by the Director of Community and Children's Services, being accountable for the project.
12. The contact officer is Ellie Ward, Programme Manager, T: 020 7322 1535, E: [ellie.ward@cityoflondon.gov.uk](mailto:ellie.ward@cityoflondon.gov.uk)

### **Housing and health: Report on health-related activities and plans in the City's social housing estates**

13. Good quality and well run social housing can impact upon health outcomes for local communities. Housing, neighbourhoods and socio-economic inequalities in housing estates have a key impact on health and wellbeing. There is also an evidenced case for the economic impact arising from poor housing and health. The Building Research Establishment (BRE), for instance, calculated that poor housing cost the NHS at least £600m per year in England, with the total cost to society estimated to be greater than £1.5 billion. The City's housing strategy has outlined key challenges impacting on the health and wellbeing of City tenants, including overcrowding, the condition of housing stock, health inequalities in specific wards, demographic changes and meeting the challenges of an ageing population.
14. Health and wellbeing is strongly influenced by community and individual assets (social relationships, resilience, social support and networks,

opportunities for voluntary work, life-long learning). There is growing evidence that people with stronger social networks are healthier and happier. Research had also shown that traditional risk-based and targeted programmes (smoking cessation, health eating, encouraging physical activity etc.) are not enough on their own to bring about health and wellbeing in a community.

15. There are many initiatives currently being developed in the City's housing estates which support improved health and wellbeing, from improving the fabric of the buildings, to developing green spaces and promoting community initiatives that build community resilience and capacity. The City's new Housing Strategy also provides an important opportunity to further develop longer term strategic priorities. This piece of research has also identified opportunities to further promote good health and wellbeing in the City's housing estates.
16. The contact officer is Jacquie Campbell, Head of Housing Management, T: 020 7332 3785, E: [Jacquie.campbell@cityoflondon.gov.uk](mailto:Jacquie.campbell@cityoflondon.gov.uk)

### **Joint Health and Wellbeing Strategy action plan**

17. The Health and Wellbeing Board has developed an action plan to deliver the Joint Health and Wellbeing Strategy (JHWS) between now and 2016. Further views on the action plan have been sought via a public engagement event.
18. The action plan sets out activities needed to deliver improvements each of our health and wellbeing priorities for City residents, workers and rough sleepers:
  - More people in the City are socially connected and know where to go for help
  - More people in the City are physically active
  - City air is healthier to breathe
  - The City is a less noisy place
  - More people with mental health issues can find effective, joined up help
  - More people in the City have jobs: more children grow up with economic resources (reduce child poverty)
  - More people in the City are warm in the winter months
  - More rough sleepers can get health care, including primary care, when they need it
  - Fewer City workers live with stress, anxiety or depression
  - More City workers have healthy attitudes to alcohol and City drinking
  - More City workers quit or cut down smoking
  - Delivery of public health services (sexual health, NHS health checks etc.)
19. The Board will receive regular progress updates on the delivery of the action plan, as well as a performance report.
20. The contact officer is Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: [sarah.thomas@cityoflondon.gov.uk](mailto:sarah.thomas@cityoflondon.gov.uk)

## **Workplace Health and Wellbeing Strategy**

21. Workplace health has been highlighted as a national priority by Public Health England. City of London's Corporate HR Department is developing a strategy on workplace health and wellbeing. This aims to improve practice within the corporation as an employer and synergise with Health and Wellbeing Board's City-wide and national activities.
22. The work by the Health and Wellbeing Board has driven the agenda forward locally. It is important that the City of London Corporation reviews and improves its own workplace health policies and practice for its own staff to demonstrate best practice. Failure to do this may impact not only on the health and wellbeing of the workforce but also on the City's ability to lead and influence other organisations.
23. City of London Corporation is also undertaking the London Healthy Workplace Charter with a view to being awarded Silver Standard in 2014.
24. The contact officer is Oliver Sanandres, Health and Safety Advisor, T: 020 7332 3307, E: [oliver.sanandres@cityoflondon.gov.uk](mailto:oliver.sanandres@cityoflondon.gov.uk)

## **Smoking harm reduction pilot**

25. Following the release of the NICE Tobacco Control Harm Reduction Guidance in 2013 officers have developed a pilot programme to implement the recommendations. The six month pilot programme includes:
  - The supervised use of electronic cigarettes within the specialist level III service
  - Further research regarding the use of electronic cigarettes and other harm reduction methods that are emerging
  - An extension to the current level II smoking cessation service (within pharmacies) for those finding it harder to quit, at advisor discretion, for a longer service than the standard 12 weeks
  - Developing care pathways for a pilot harm reduction service to run from level II services that can work with the current commissioned service, including a "cut down" service, and the supervised use of electronic cigarettes.
26. The contact officer is Lorna Corbin, Commissioning and Performance Manager, T: 020 7332 1173, E: [lorna.corbin@cityoflondon.gov.uk](mailto:lorna.corbin@cityoflondon.gov.uk)

## **LOCAL UPDATES**

### **Dementia Strategy**

27. The Dementia Strategy responds locally to the Prime Minister's 'Dementia Challenge' by establishing a City-specific approach to caring for our residents whilst tapping into the rich diversity of our community. Synthetic estimates predict that within the City there are up to 671 people living with the symptoms of dementia, some of whom have been diagnosed, but a large proportion of whom have had no formal diagnosis. Whilst this may be a relatively small number, for those with the disease, the support that they receive is vital to

their quality of life and their wellbeing and we are therefore committed to providing the best possible services to this particularly vulnerable group.

28. The aim of the strategy is to: 'Provide a responsive, high quality, personalised dementia service meeting the needs of residents of the City of London'. The strategy commits to creating a 'Dementia Friendly City', where residents and local retail outlets and services will develop a keen understanding and awareness of the disease and offer support in a respectful and meaningful way.
29. The Dementia Strategy will be submitted to both the Community & Children's Services Committee and the Health and Wellbeing Board for approval in November 2014.
30. The contact officer is Marion Willicome Lang, Community and Children's Services, T: 020 7332 1216, E: [marion.willicomelang@cityoflondon.gov.uk](mailto:marion.willicomelang@cityoflondon.gov.uk)

### **City Business Library health and wellbeing events**

31. The City libraries continue to promote health and wellbeing through their programme of events. The City Business Library has included a number of health and wellbeing events on their programme aimed at City business users, including confidence-building classes, lunchtime yoga sessions and workshops on emotional intelligence or energy-boosting techniques.
32. The contact officer is Jesi Vaghela, City Business Library Events Programme Coordinator, T: 020 7332 3807, E: [Vijeshrie.Vaghela@cityoflondon.gov.uk](mailto:Vijeshrie.Vaghela@cityoflondon.gov.uk)

### **Cleansing service campaigns: Smoking-related litter and chewing gum litter**

33. The Health and Wellbeing Board is committed to improving the local environment, with the aim of making City streets more pleasant and encouraging both residents and workers to take more exercise and improve wellbeing. Two campaigns linked to this aim are being run by the City Of London Corporation's Cleansing Service in partnership with Keep Britain Tidy in September and October. These campaigns will be focusing on smoking related litter and chewing gum litter, both of which have been highlighted in the Local Environmental Quality Survey as high priority problems with the City's street scene.
34. The contact officer is Jim Graham, Assistant Cleansing Director Built Environment, T: 020 7332 4972, E: [Jim.Graham@cityoflondon.gov.uk](mailto:Jim.Graham@cityoflondon.gov.uk)

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